

## Samantha Joel – Curriculum Vitae

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### CONTACT INFORMATION

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Western University  
Department of Psychology  
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### EDUCATION

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PhD, Psychology, University of Toronto	2015
MA, Psychology, University of Toronto	2011
Hon. BSc, Psychology, University of Toronto	2010

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### PROFESSIONAL AFFILIATIONS

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Assistant Professor, Department of Psychology, Western University	2018-present
Assistant Professor, Psychology Department, University of Utah	2016-2018
SSHRC Postdoctoral Fellow, Human Development and Family Sciences, University of Texas at Austin	2015-2016
Visiting Scholar, Harvard Business School	2013

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### RESEARCH AWARDS AND GRANTS

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National Heart, Lung, and Blood Institute R01 Title: <i>Understanding relationship ambivalence and its links to cardiovascular health</i> Role: Co-Investigator (PI: Bert Uchino) Total award: \$1,113,334	2018-2021
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University of Utah Funding Incentive Seed Grant Title: <i>Decision strategies for investing in new relationships</i> Role: Principal Investigator Total award: \$31,844	2017-2018
SSHRC CGS Postdoctoral Fellowship Title: <i>Decision strategies for choosing compatible long-term romantic partners</i> Total award: \$40,500	2015-2016
Ontario Graduate Scholarship Title: <i>The impact of day-to-day relationship expectations on relationship quality</i> Total award: \$15,000	2014-2015
SSHRC CGS Michael Smith Foreign Study Supplement Title: <i>The role of the social network in romantic relationship choices</i> Total award: \$6000	2013
SSHRC CGS Joseph-Armand Bombardier Doctoral Scholarship Title: <i>The role of the caregiving system in romantic relationship stay/leave decisions</i> Total award: \$105,000	2011-2014
SSHRC CGS Master's Scholarship Title: <i>Understanding commitment ambivalence in romantic relationships</i> Total award: \$17,500	2010-2011
SSHRC Undergraduate Student Summer Research Awards Total award: \$11,600	2008-2009

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### HONORS & AWARDS

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Rising Star, Association for Psychological Science (APS)	2017
Dissertation Award, International Association for Relationship Research (IARR)	2016
Student Publication Award, Society for Personality and Social Psychology (SPSP)	2014
Steve Duck New Scholar Award, International Association for Relationship Research (IARR)	2014
Ken Dion Award, Social, Personality and Abnormal Area, University of Toronto	2014
Brendan Gail Rule Award, Canadian Psychological Association	2012

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### PEER-REVIEWED PUBLICATIONS

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**H-Index: 12, H-10 Index: 13**

26. Spielmann, S. S., **Joel, S.**, & Impett, E. A. (in press). Pursuing sex with an ex: Does it hinder breakup recovery? *Archives of Sexual Behavior*.

25. **Joel, S.**, Impett, E. A., Spielmann, S. S., & MacDonald, G. (in press). How interdependent are stay/leave decisions? On staying in the relationship for the sake of the romantic partner. *Journal of Personality and Social Psychology*.
24. Park, Y.\*, Debot, A., Spielmann, S. S., **Joel, S.**, Impett, E. A., & MacDonald, G. (in press). Distinguishing dismissing from fearful attachment in the association between closeness and commitment. *Social Psychological and Personality Science*.
23. **Joel, S.**, MacDonald, G., & Page-Gould, E. (in press). Wanting to stay and wanting to go: Unpacking the content and structure of relationship stay/leave decision processes. *Social Psychological and Personality Science*.
22. **Joel, S.**, Plaks, J. E., & MacDonald, G. (in press). Nothing ventured, nothing gained: People anticipate more regret from missed romantic opportunities than from rejection. *Journal of Social and Personal Relationships*.
21. **Joel, S.**, Eastwick, P. W., & Finkel, E. J. (2018). Open sharing of data on close relationships and other sensitive social psychological topics: Challenges, tools, and future directions. *Advances in Methods and Practices in Psychological Science*, 1, 86-94.
20. **Joel, S.**, & Eastwick, P. W. (2018). Intervening earlier: An upstream approach to improving relationship quality. *Policy Insights from Behavioral and Brain Science*, 5, 25-32.
19. Uchino, B. N., Kent de Grey, R. G.\*, Cronan, S.\*, Smith, T. W., Diener, E., **Joel, S.**, & Bosch, J. (2018). Life satisfaction and inflammation in couples: An actor-partner analysis. *Journal of Behavioral Medicine*, 41, 22-30.
18. **Joel, S.**, Eastwick, P. W., & Finkel, E. J. (2017). Is romantic desire predictable? Machine learning applied to initial romantic attraction. *Psychological Science*, 28, 1478-1489.
17. **Joel, S.**, Spielmann, S. S., & MacDonald, G. (2017). Motivated use of numerical anchors for judgments relevant to the self. *Personality and Social Psychology Bulletin*, 43, 972-985.
16. Eastwick, P. W., Harden, K. P., Shukusky, J.\*, Morgan, T. A., & **Joel, S.** (2017). Consistency and inconsistency among romantic partners over time. *Journal of Personality and Social Psychology*, 112, 838-859.
15. Spielmann, S. S., MacDonald, G., **Joel, S.**, & Impett, E. A. (2016). Longing for ex-partners out of fear of being single. *Journal of Personality*, 84, 799-808.
14. Day, L. C.\*, Muise, A., **Joel, S.**, & Impett, E. A. (2015). To do it or not to do it? How communally motivated people navigate sexual interdependence dilemmas. *Personality and Social Psychology Bulletin*, 41, 791-804.
13. Sherman, G. D., Lerner, J. S., Renshon, J.\*, Ma-Kellams, C.\*, & **Joel, S.** (2015). Perceiving others' feelings: The importance of personality and social structure. *Social Psychological and Personality Science*, 6, 559-569.
12. Robinson, J. S.\*, **Joel, S.**, & Plaks, J. E. (2015). Empathy for the group versus indifference toward the victim: Effects of anxious and avoidant attachment on moral judgment. *Journal of Experimental Social Psychology*, 56, 139-152.

11. **Joel, S.**, Teper, R., & MacDonald, G. (2014). People overestimate their willingness to reject potential romantic partners by overlooking their concern for others. *Psychological Science, 25*, 2233-2240.
10. **Joel, S.**, Burton, C. M.\*, & Plaks, J. E. (2014). Conservatives anticipate and experience stronger emotional reactions to negative outcomes. *Journal of Personality, 82*, 32-43.
9. **Joel, S.**, MacDonald, G., & Plaks, J. E. (2013). Romantic relationships conceptualized as a judgment and decision-making domain. *Current Directions in Psychological Science, 22*, 461-465.
8. Spielmann, S. S., MacDonald, G., Maxwell, J. A.\*, **Joel, S.**, Peragine, D.\*, Muise, A., & Impett, E. A. (2013). Settling for less out of fear of being single. *Journal of Personality and Social Psychology, 105*, 1049-1073.
7. Gere, J., MacDonald, G., **Joel, S.**, Spielmann, S. S., & Impett, E. A. (2013). The independent contributions of social reward and threat perceptions to romantic commitment. *Journal of Personality and Social Psychology, 105*, 961-977.
6. Maxwell, J. A.\*, Spielmann, S. S., **Joel, S.**, & MacDonald, G. (2013). Attachment theory as a framework for understanding responses to social exclusion. *Social and Personality Psychology Compass, 7*, 444-456.
5. **Joel, S.**, Gordon, A. M., Impett, E. A., MacDonald, G., & Keltner, D. (2013). The things you do for me: Perceptions of a romantic partner's investments promote gratitude and commitment. *Personality and Social Psychology Bulletin, 39*, 1333-1345.
4. MacDonald, G., Locke, K., Spielmann, S. S., & **Joel, S.** (2013). Insecure attachment predicts ambivalent social threat and reward perceptions in romantic relationships. *Journal of Social and Personal Relationships, 30*, 647-661.
3. Spielmann, S. S., **Joel, S.**, MacDonald, G., & Kogan, A. (2013). Ex appeal: Current relationship quality and emotional attachment to ex-partners. *Social Psychological and Personality Science, 4*, 175-180.
2. **Joel, S.**, MacDonald, G., & Plaks, J. E. (2012). Attachment anxiety uniquely predicts regret proneness in close relationship contexts. *Social Psychological and Personality Science, 3*, 348-355.
1. **Joel, S.**, MacDonald, G., & Shimotomai, A. (2011). Conflicting pressures on relationship commitment for anxiously attached individuals. *Journal of Personality, 59*, 51-74.

\* Indicates an undergraduate or graduate student coauthor.

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## PRESENTATIONS

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### Invited Presentations

- Joel, S., Eastwick, P. W., & Finkel, E. J. (2018, May). *Open sharing of dyadic data: Challenges, tools, and future directions*. Talk given at the Association for Psychological Science Conference, San Francisco, CA.
- Joel, S. (2017, September). *Why do people initiate, advance, and maintain low-quality relationships?* Talk given at the Social Psychology Brown Bag Series, University of Edinburgh, Edinburgh, Scotland.
- Joel, S., Eastwick, P. W., & Finkel, E. J. (2017, January). *Is attraction like a comet or an earthquake? Testing the predictability of romantic desire*. Talk given at the Fred Rhodewalt Social Psychology Winter Conference, University of Utah, Park City, UT.
- Joel, S. (2017, January). *Getting a job in academia: It's possible and here's what it entails*. Mentor Luncheon hosted at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Joel, S. (2016, April). *The role of prosociality in decisions to begin, advance, and maintain romantic relationships*. Talk given at the Brown Bag Seminar, University of Houston, Houston, TX.
- Joel, S. (2014, November). *Romantic relationship decisions: Focusing on the role of the partner*. Talk given at the Social Psychology Colloquium Series, Western University, London, ON.
- Joel, S. (2011, May). *Are missed romantic opportunities more regrettable than rejection?* Talk given at the York University-University of Toronto Social/Personality/Abnormal Psychology conference, Toronto, ON.

### Conference Presentations

- Joel, S. (2018, Chair). *Why do people stay in bad relationships?* Symposium presented at the biennial meeting of the International Association for Relationship Research, Colorado Springs, CO.
- Joel, S., & Eastwick, P. W. (2018, January). *Machine learning applied to mate preferences research: Implications for replicability and beyond*. In A. Danvers (Chair), *Beyond Replication: Assumptions, moderators, and models*. Symposium presented at the annual meeting of the Society for Personality and Social Psychology, Atlanta, GA.
- Joel, S., Eastwick, P. W., & Finkel, E. J. (2017, January). *Machine learning applied to initial romantic attraction*. Data blitz talk given at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Joel, S., Eastwick, P. W., & Finkel, E. J. (2016, July). *What components of romantic desire are predictable? Machine learning applied to speed-dating*. Talk given at the biennial meeting of the International Association for Relationship Research, Toronto, ON.

- MacDonald, G., Joel, S., & Teper, R. (2014, October). *People overestimate their willingness to reject potential romantic partners*. In G. MacDonald (Chair), *Close relationships conceptualized as a judgment and decision-making domain*. Symposium presented at the annual meeting of the Society of Experimental Social Psychology, Columbus, OH.
- Joel, S., Impett, E., & Spielmann, S. S. (2014, July). *When caring hurts: Breakups and the communally motivated*. In E. A. Impett (Chair), *What gives receive in communal relationships*. Symposium presented at the biennial meeting of the International Association for Relationship Research, Sydney, Australia.
- Joel, S. (2012, Chair). *Focusing on the journey: Cognitive processes underlying romantic relationship judgments and decisions*. Symposium presented at the annual meeting of the Canadian Psychological Association, Halifax, NS.
- Joel, S., MacDonald, G., & Impett, E. (2012, July). *The vicarious sunk cost effect: Romantic investment as a reciprocal process*. In B. M. Le (Chair), *Four perspectives on prosociality in relationships*. Symposium presented at the biennial meeting of the International Association for Relationship Research, Chicago, IL.
- Joel, S., Plaks, J. E., & MacDonald, G. (2012, January). *The one that got away: Missed romantic opportunities are more regrettable than rejection*. Data blitz talk given at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Joel, S., & MacDonald, G. (2010, November). *Relationships are a joint venture: Exploring the existence of a vicarious sunk-cost effect*. Talk given at the annual meeting of the Society for Judgment and Decision Making, St. Louis, MI.
- MacDonald, G., Joel, S., Spielmann, S. S., & Locke, K. D. (2010, July). *Putting the ambivalence back in anxious-ambivalence*. Talk given at the biennial meeting of the International Association for Relationship Research, Herzliya, Israel.

## Posters

- Lauber, E., Joel, S., & Norton, M. (2018, July). *Antecedents and consequences of the decision to merge finances with a romantic partner*. Poster presented at the biennial meeting of the International Association for Relationship Research, Colorado Springs, CO.
- Joel, S., Peetz, J., & MacDonald, G. (2014, February). *Pleasant surprises: Underestimating a partner's pro-relationship behaviors improves relationship quality*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Spielmann, S. S., MacDonald, G., Joel, S., & Impett, E. A. (2014, February). *Better than being alone: Longing for ex-partners out of fear of being single*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Joel, S., Page-Gould, E., & MacDonald, G. (2013, November). *Wanting to stay versus not wanting to go: Unpacking relationship stay/leave decisions with a multiattribute choice framework*. Poster presented at the annual meeting of the Society for Judgment and Decision Making, Toronto, ON.

- Robinson, J. S., Joel, S., & Plaks, J. E. (2013, June). *Attachment insecurity predicts utilitarian moral judgment*. Poster presented at the Canadian Psychological Association Convention, Quebec City, QC.
- Joel, S., MacDonald, G., & Impett, E. A. (2013, January). *When feeling bad leads to being good: The benefits of guilt-proneness for romantic relationships*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Joel, S., Page-Gould, E. E., & MacDonald, G. (2012, May). *Unpacking the stay/leave decision making process: Breakups conceptualized as multiattribute choices*. Poster presented at the Southern Ontario Behavioral Decision Research Conference, Waterloo, ON.
- Joel, S., MacDonald, G., & Plaks, J. E. (2012, January). *Attachment anxiety uniquely predicts regret proneness in close relationship contexts*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Joel, S., MacDonald, G., & Plaks, J. E. (2011, June). *The unique contributions of attachment anxiety and neuroticism in predicting post-decisional regret*. Poster presented at the Social and Personality Section of the Canadian Psychological Association Preconference, Toronto, ON.
- Spielmann, S. S., Joel, S., & MacDonald, G. (2011, January). *Ex appeal: Substituting current partners and ex-partners to satisfy the need to belong*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Fortune, J.L., Lockwood, P., & Joel, S. (2010, January). *The effect of talented and hard-working role models on motivation*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

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## TEACHING

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### Courses Taught (University of Utah)

Graduate Seminar on Romantic Relationship Development (PSY7964)	Spring 2018
Introduction to Social Psychology (PSY3410)	Spring 2018
Introduction to Social Psychology (PSY3410)	Fall 2016

### Courses Taught (University of Toronto)

Social Psychology of Intimate Relationships (PSY424)	Summer 2015
Social Psychology of Intimate Relationships (PSY424)	Winter 2015
Social Psychology of Intimate Relationships (PSY424)	Summer 2014
Social Psychology of Intimate Relationships (PSY424)	Winter 2014
Social Psychology of Intimate Relationships (PSY424)	Summer 2013

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## MENTORING

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### Graduate Supervision

Sierra Cronan, Affiliated Graduate Student 2017/2018  
Title: *Physiological synchrony among new dating couples*

Elissa Lauber, Affiliated Graduate Student 2017/2018  
Title: *The antecedents and consequences of the decision to merge finances with a romantic partner*

### Undergraduate Supervision

Annelise Murphy, Undergraduate Research Opportunities Program 2017/2018  
Title: *Relationship quality for non-monogamous couples: Do motives matter?*

Anthea Harvey-Cheetham, Mini-Thesis Winter 2015  
Title: *Buffering the threat: The role of partner behavior during a relationship conflict*

Yasmin Elahi, Mini-Thesis and Undergraduate Honors Thesis 2014/2015  
Title: *Following "the one": How relationship commitment may change your ideal partner preferences*

Rebecca Yang, Independent Project Fall 2013  
Title: *The roles of autonomy and attachment style in the decision to move in with a romantic partner*

Chantal Dougan, Mini-Thesis and Undergraduate Honors Thesis 2011/2012  
Title: *Easier said than done: People overestimate their willingness to break up with romantic partners*

Angela Zhang, Mini-Thesis and Independent Project 2011  
Title: *The association between trait empathy and relationship stay/leave decisions*

Jenna Kean, Independent Project Summer 2010  
Title: *Prioritization of romantic relationships versus friendships*

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## PROFESSIONAL SERVICE

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### Consulting Editor

Personality and Social Psychology Bulletin 2016-present  
Journal of Social and Personal Relationships 2016-present

### Ad-Hoc Reviewer

Perspectives on Psychological Science, Journal of Personality and Social Psychology, Memory, Advances in Methods and Practices in Psychological Science, Journal of Experimental Social Psychology, Journal of Research in Personality, European Journal of Social Psychology, Perspectives in Psychological



Science, Social Psychology and Personality Science, Journal of Positive Psychology, Journal of Personality, Journal of Experimental Psychology: General, Journal of Self and Identity.

### University Service

Undergraduate Committee, Department of Psychology, University of Utah	2017-2018
Graduate Committee, Department of Psychology, University of Utah	2016-2017
Co-Founder and Coordinator, Toronto Relationships Interest Group (TRIG)	2011-2014
Graduate Chair Search Committee, University of Toronto	2013

### National and International Service

Judge and Panel Discussant, National Diversity in STEM Conference (SACNAS)	2017
Reviewer, Social Psychology Program, National Science Foundation	2016, 2017
Reviewer, Social Sciences and Humanities Research Council of Canada	2016
Reviewer, Annual Convention Submissions, IARR	2016
Member, IARR Mentoring Committee	2014-2016
Member, IARR Media Relations Committee	2012-2016
Reviewer, Annual Convention Submissions, Canadian Psychological Association	2012
Reviewer, Annual Convention Submissions, Association for Psychological Science	2010

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## OUTREACH

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### Public Talks

Joel, S. (2018, February). *Can machines predict romantic attraction?* Talk given for Science On Tap, Salt Lake City, UT.

Joel, S. (2017, September). *Are romantic matchmaking algorithms possible?* Talk given at TEDxSaltLakeCity, Salt Lake City, UT.

Joel, S. (2015, July). *On staying for the sake of the partner.* Talk given at the Ontario Science Centre, Toronto, ON.

Joel, S. (2015, March). *How self-interested are relationship decisions?* Talk given at TEDxUofT, University of Toronto, Toronto, ON.

Joel, S. (2011, March). *Healthy couples, sexual couples, and sexual health.* Talk given at the Sexual Education Centre's Sexual Awareness Week, University of Toronto, Toronto, ON.

### Media Exposure

<https://www.npr.org/sections/health-shots/2017/09/06/548645037/when-it-comes-to-romantic-attraction-real-life-beats-questionnaires>

<https://www.savagelovecast.com/episodes/guest/dr-samantha-joel#.Wp160-jwaUk>

<https://www.womenshealthmag.com/relationships/fear-of-rejection>

<https://www.thecut.com/2017/08/most-people-are-ambivalent-about-their-own-breakups.html>

<http://www.psychologicalscience.org/index.php/publications/observer/obsonline/whats-love-got-to-do-with-it-2.html>  
<https://jezebel.com/dealbreakers-dont-mean-shit-1639217076>  
[http://www.huffingtonpost.com/wray-herbert/dating-and-romance-the-pr\\_b\\_5759498.html](http://www.huffingtonpost.com/wray-herbert/dating-and-romance-the-pr_b_5759498.html)  
<http://www.psmag.com/navigation/health-and-behavior/were-not-so-great-rejecting-each-other-93489/>  
<http://yaledailynews.com/blog/2014/11/04/self-interest-beneficial-in-relationships/>  
<http://mic.com/articles/106738/science-confirms-why-we-end-up-going-on-so-many-dates-we-don-t-want-to-go-on>